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## **CPCAB L6 Certificate in Therapeutic Counselling Supervision (TCSU-L6)**

### **Course Overview Document**

**Venue:** BEST House, Shefford Rd, Clifton, Shefford SG17 5QS

**Dates 2024/25**

Weekend 1 - **September 21<sup>st</sup>/22<sup>nd</sup>** – In Person

Weekend 2 - **October 19<sup>th</sup>/20<sup>th</sup>** – In Person

Weekend 3 - **November 16<sup>th</sup>/17<sup>th</sup>** – In Person

Weekend 4 - **January 18<sup>th</sup>/19<sup>th</sup>** – Online via Zoom

Weekend 5 - **February 15<sup>th</sup>** – In Person & **16<sup>th</sup>** – Online via Zoom

Weekend 6 - **March 15<sup>th</sup>/16<sup>th</sup>** – In Person

Weekend 7 - **April 19<sup>th</sup>/20<sup>th</sup>**- Online via Zoom

Weekend 8 - **June 7<sup>th</sup>/8<sup>th</sup>** – In Person

Please note, there are **no classes during December or May** although self-learning & assignments will be ongoing throughout the duration of the course.

**Online sessions:** A Zoom link will be sent to the group prior to online training days.

**Times:** Saturdays 09.30-17.00 Sundays 09.30-16.30

**Fee:** £1600 course fee plus £379 CPCAB qualification registration fee (total £1979)

**Tutors:** Ali Oliver MBACP Accred. (Core Tutor) Donna West MBACP Accred. (Co-Tutor)



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### **CPCAB purpose statement:**

This qualification is designed to give learners the knowledge, skills and competencies to provide clinical supervision for counselling practitioners. It is aimed at counsellors who have acquired sufficient client work experience to contemplate the move into a clinical supervision role.

Participants will need to:

- Have both supervisees and supervisory supervision during the course.
- Be working as counsellors under supervision.

This qualification is designed to lead to a role as a clinical counselling supervisor in a counselling agency or in independent practice.

**Guided Learning Hours (GLH)** 98 (minimum of 90 required by CPCAB)

**Total Qualification Time (TQT)** 328

**Entry Requirements:** Candidates must be aged 19 or over and have achieved any of the following qualifications or their RPL (recognised prior learning) equivalent:

- CPCAB Level 4 Diploma in Therapeutic Counselling plus have at least two years' post-qualifying experience of supervised client work.

OR

- CPCAB Level 5 Diploma in Psychotherapeutic Counselling, Level 5 Diploma in Cognitive Behavioural Therapeutic Skills and Theory plus have at least one years' post-qualifying experience of supervised client work.

**AND** have a minimum of 450 supervised client hours

### **Qualification Assessment:**

Candidates must be Proficient in both internal and external assessment and meet all the qualification requirements including all placement hours to achieve the qualification.

- Internal assessment: tutor assessment of candidate portfolio evidencing minimum assessment requirements and verified by CPCAB.
- External assessment: externally assessed case review (3,000 –3,500 words).

Qualification registration fees cover the cost of the external assessment; however, any resits will incur the learner an additional fee, currently £239, as will appeals, of £379 (2023-24 fees).



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### **Additional Qualification Requirements:**

- Supervision work: minimum of 15 hours with supervisees
- Supervisory supervision: minimum of 5 hours supervisory supervision hours with a senior/experienced clinical supervisor. This can be either one-to-one or in a group.

### **Course overview:**

The course design is founded on the 7 Learning Outcomes outlined by the CPCAB for this qualification:

- Model and supervise the professional framework
- Model and supervise the skilled use of the relationship
- Model and supervise the use of theory and research on diversity
- Model and supervise a user-centred approach to the work
- Model and supervise the skilled use of the self
- Model and supervise the coherent use of theory, research and skills
- Model and supervise the self-reflective practitioner

The tone of the course will be explorative, collaborative, creative and GSRD affirming. The course involves experiential elements that will involve some personal disclosure and associated personal developmental activities.

As with counselling training, there are supervisory models and theories that underpin the work but each learner will be encouraged to discover and integrate their own supervisory style, within a structure of recognised good and ethical practice.

The course is a blend of in-person and online (Zoom) training delivery. We feel that a combination of both delivery methods, carefully selected for each training day, provides the best of both worlds.

Due to the comprehensive nature of the course, learners will need to commit to extensive self-study time outside of the tutored hours.

**Interview process:** Completion of course application form, submission of satisfactory supporting documents and interview with Core Tutor.

**Interview dates:** To be arranged on an individual basis.



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Places will be limited to 12 students. Places will be offered following the completed interview process for all applicants, which assesses both professional and personal capacity to undertake the qualification.

A student handbook with detailed course information and centre policies and will be provided on acceptance to the course.

A deposit of £379 will be required to hold your place on your acceptance.

***For an application form or to ask questions relating to the course, please contact Ali Oliver via: [Flourishcounsellingandtraining@gmail.com](mailto:Flourishcounsellingandtraining@gmail.com)***

The word 'Flourish' is written in a colorful, cursive font. The letters are colored as follows: 'F' is red, 'l' is orange, 'o' is yellow, 'r' is green, 'i' is blue, 's' is light blue, and 'h' is orange. A blue flourish underline is positioned below the text.